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## The Pain Association of Singapore

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[www.pain.org.sg](http://www.pain.org.sg)

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Secretariat: *Ms Alice Peh*

20 August 2007

Dear Member

At the Annual General Meeting in March 2007, a new Council was elected and we have been busy planning a variety of activities.

1. The association was one of the co-organisers for the 38<sup>th</sup> SMA National Medical Convention held in May 2007. The theme was "Breaking New Barriers in Pain Management" and we were honoured to have eminent speakers such as Stephan Schug, Seiji Hartori and Troels Jensen. There were 130 medical doctors who attended the medical conference and more than 200 participants who attended the public forum.
2. PAS council members were involved in running a Pain Management Workshop in conjunction with the Singapore-Malaysia Medical Congress in July 2007. More than 60 medical doctors from the local and overseas fraternity attended the workshop
3. An essay competition called "Expressions of Pain" was launched with the assistance of Pfizer. Members of the public were invited to write about their experience of living with chronic pain. The objectives of this effort include promoting awareness of chronic pain and its impact on patients' lives, by featuring encouraging examples of how patients may continue to live fulfilled lives with proper management. The entries are currently being evaluated and the winners will receive their prizes at a public forum to be held on 20<sup>th</sup> October to commemorate Global Day Against Pain. You are welcome to join us in the event. Please look at our website ([www.pain.org.sg](http://www.pain.org.sg)) for further details.

We would like to encourage you to attend the 2<sup>nd</sup> Congress of the Association of Southeast Asian Pain Societies (ASEAPS), to be held in Kuala Lumpur from 5-8 December 2007.

Please visit our website for more information about the society, scientific meetings of interest and to download our newsletter.

The association relies on membership subscriptions and sponsorship to fund its activities. I look forward to your continued support so that together, we can better understand and manage pain problems in our patients.

Yours sincerely

Yeo Sow Nam