

## **38<sup>th</sup> SMA National Medical Convention – “Breaking Barriers in Pain Management” Programme**

### **Day 1 - 19 May 2007**

9.00am

Welcome Address

Organising Committee Chairman, Dr Yeo Sow Nam Alex

9.05am

Opening Address

SMA President, Dr Wong Chiang Yin

9.15am

Keynote Address by Guest of Honour

MP, Jurong GRC and Chairman, GPC (Health), Mdm Halimah Yacob

9.35am

#### **Special Lecture**

Chairman: Dr Yeo Sow Nam Alex

**Chronic Pain: Is it a disease entity?** President, IASP, Prof Troels Staehelin Jensen

10.05am

#### **Plenary Session: Impact of Pain in Asia and How We Cope**

Chairman: A/Prof Cynthia Goh

Experience of

a. Australia – Prof Stephan Schug

b. Singapore – Dr Yeo Sow Nam Alex

10.30am

Tea Break

11.00am

c. China – Prof Song Wenge

d. Japan – Dr Seiji Hattori

e. Malaysia – Dr Mary Cardosa

11.45am

#### **Cancer Pain**

Chairman: Dr Poon Keah How

a. Pharmacological Approaches – A/Prof Cynthia Goh

b. Interventional Approaches – Dr Seiji Hattori

Q & A

12.45pm

Lunch Symposium

1.45pm

#### **Pain and Arthritis**

Chairman: Prof Feng Pao Hsui

a. Osteoarthritis and Approaches – Dr Yoon Kam Hon

b. RA and Others – A/Prof Julian Thumboo

Q & A

2.45pm

**Headaches and its Approaches**

Chairman: Dr Andrew Pan

- a. Migraines: An Overview – Dr Charles Siow
- b. Other Common Primary Headaches – Dr Ho King Hee

Q & A

3.45pm

Tea Break

4.15pm

**Back and Neck Pain**

Chairmen: Dr James Tan / Dr Tay Kwang Hui

- a. Assessments & Surgical Approaches – Dr Yue Wai Mun
- b. Interventional Therapies – Dr Yeo Sow Nam Alex
- c. Osteoporosis & Current Updates – Dr Leong Keng Hong
- d. Management of Failed Back Surgery Syndrome – Prof Song Wenge

**Day 2 - 20 May 2007**

9.00am

**Neuropathic Pain**

Chairmen: Dr Chan Sher Yi / Dr Michelle Tan

- a. Assessments and Clinical Tools – Dr Mary Cardosa
- b. European Guidelines for the Treatment of Neuropathic Pain – Prof Troels Staehelin Jensen
- c. Advances in Interventional Management – Dr Yeo Sow Nam Alex

Q & A

11.00am

Tea Break

11.30am

**Opioids and NSAIDS for Chronic Pain**

Chairman: Dr Siau Chiang

- a. Are we addicting our patients? How should we use opioids? – Prof Stephan Schug
- b. Are we killing our patients? How we should use NSAIDS? – Prof Stephan Schug

2.00pm

**Dealing with Opioids in Chronic Pain (Case Studies)**

Chairman: Dr Ho Kok Yuen

- a. Are opioids effective? – Prof Stephan Schug
- b. Are opioids safe? – Dr Jane George
- c. How should we prescribe?

3.15pm

Tea Break

3.45pm

**Acupuncture & Needling**

Chairman: Dr Swee Yong Peng

- a. Neck & Back Pain – Dr Cui Shu Li
- b. Headache & Others – Dr Swee Yong Peng
- c. Acupotomy – Prof Song Wenge
- d. Myofascial Pain – Dr Adela Tow

5.45pm

End

## **Day Two:**

**Public Forum on “Overcoming Pain with the Latest Medical Breakthroughs”**

**Sunday, 20 May 2007, 2.00pm – 5.30pm**

**Venue: Suntec Convention Centre Level 3**

1.30pm

Registration (to be seated by 1.50pm)

2.00pm

### **Back Pain and its Treatments**

Chairman: Dr Tan Kian Hian

- a. Surgical Perspective – Dr David Wong
- b. Non-Surgical perspective – Dr Yeo Sow Nam Alex
- c. Acupuncture & TCM – Dr Cui Shu Li

Q & A

3.00pm

Tea Break

3.30pm

### **Nerve Pain, Headaches and Arthritis**

Chairman: Dr James Tan

- a. Neuropathic Pain – Dr Yeo Sow Nam Alex
- b. Osteoarthritis – A/Prof Julian Thumboo
- c. Headaches – Dr Charles Siow